

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities highlighted in red take place in the Media Room

February 2026

Heritage Manor East Great Room/Media Room

1 10:15-12:30 Movie Matinee: "Wicked: For Good Viewing" (resident request) (2 hrs., 17 minutes) (EGR) 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD) Tu B'Shevat Begins	2 10:30 Hymn Sing 10:45 Chaplain Time 11:00 Punxsutawney Phil facts 11:00 Conversation Hearts 12:00 Name 30 types of flowers 2:30 BINGO 3:45 Mary's Call Rosary 4:00 Sing-along with Susie Q Groundhog Day	3 10:30 Disco Fitness 10:45 Hand/Shoulder Massages 11:00 Hershey Kiss Cookies 12:00 Hidden Picture Find 2:30 Communion (AUD) 2:45 Scrabble Club 4:00 Wyckoff Reformed Church Youth Group visit 6:45 Game Night with Josh!	4 10:30 Morning stretch 10:45-11:15 Valentines Trivia & Fun facts 12:00 Valentine's themed Candlelight Luncheon (AUD) 2:45-3:45 BINGO 4:00 Down Memory Lane: Big Bands 6:45 Games & Trivia	5 10:30 Sit & Stay Fit 11:00 Conversation starters with K&P 12:00 Word Puzzles 2:30 Bowling (10 max) 2:30 Scrabble Club/ Assorted Table games 4:00 Unreal Places in the World in 4K (YT) 6:45 Games & Trivia	6 10:30 Door Prize Bingo 10:30 Winter Aromatherapy & Olympic sports 12:00 Fun Fact Friday 2:30 Olympic Opening Ceremony Social 4:00 2026 Winter Olympics 4:30 <i>Read it forward book club</i> (EDR)	7 10:30-10:45 Morning Stretches 11:00-12:00 IN2L Games 2-3:45 Day Room Program 3:15 Movie Matinee: "An Affair to Remember" (TV by day room)
8 Super bowl Sunday 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)	9 10:30 Hymn Sing 10:45 Bible Trivia 11:00 Hand/Shoulder Massages 11:00 Creating with Clay #1 12:00 Name 30 Red Items 2:30 BINGO 3:45 Mary's Call Rosary 4:00 Relaxing Piano (YT)	10 10:15 Trip Outing: Dollar Tree 10:30 Kickball Circle 11:30 Country Classics 12:00 Hidden Picture Find 2:30 Worship Service (AUD) 2:45 Scrabble Club 4:00 Antiques Roadshow (YT) 6:45 Game Night with Josh!	11 10:30 Hershey Kiss BINGO 10:30 Learn about the History of Hershey's Chocolate 11:30 Love Songs of the past 12:00 Word Searches 2:30 Valentine's Day Party! – wear your red or pink! 4:00 Name that 50's tune! 6:45 Games & Trivia	12 10:30 Mindful Stretches 11:00 Valentines Words K&P 12:00 Word Puzzles 2:30 Valentine's Ladies Spa 3:00 Men's Club: Super bowl & Football Fun facts & trivia 4:00 Down Memory Lane: Falling in Love 6:45 Games & Trivia	13 10:30 Door Prize Bingo 10:30 Chocolate Aromatherapy Spa 12:00 Fun Fact Friday 2:30 February Birthday Party with Randy Accardi (AUD) 4:00 Winter Animals in 4K	14 10:30-10:45 Disco Dancing 11:00-11:30 You Be the Judge 11:30-12 Valentine Coloring Pages & Andre Bocelli 2-3:45 Day Room Program 3:15 Movie Matinee: "Love in the Afternoon" (TV by day rm) Valentine's Day
15 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)	16 10:30 Hymn Sing 10:45 Chaplain Time 11:00 Baby Sensory Box 11:00 Creating with Clay #2 12:00 Name 30 Pink Items 2:30 BINGO 3:45 Mary's Call Rosary 4:00 Presidential Trivia Presidents' Day (U.S.)	17 10:30 Morning Stretches 10:45 Hand/Shoulder Massages 11:00 Red Velvet Cupcakes 12:00 Hidden Picture Find 2:30 Worship Service (AUD) 2:45 Scrabble Club 4:00 Guitar with John! (EGR) 6:45 Game Night with Josh! Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 10:30 BINGO 10:30 Learn about the Animal of the Month: The Tiger 11:30 Broadway Showtunes 12:00 Word Searches 2:30-3:00 Winter Charades 3:00-3:45 Words Within 4:00 Complete the Phrase 6:45 Games & Trivia	19 10:30 Pom-Pom Fitness 11:00 Classic TV shows & commercials reminisce with K&P 12:00 Word Puzzles 2:30 Chinese New Year Social 4:00 Explore China in 4K 6:45 Games & Trivia	20 10:30 Door Prize Bingo 10:30 Companion Pets and rose scented Aromatherapy 12:00 Fun Fact Friday 2:30 Piano with Mike Nosal 4:00 Rick Steves: Poland	21 10:30-10:45 Morning Stretches 11:00-12:00 Baking with Krystal 2-3:45 Day Room Program 3:15 Movie Matinee: "Enchanted" (TV by day rm)
22 10:15-11:45 Activities on the Go & Friendly Room Visits 10:15 Corner TV Theater: Residents' Choice 2:30 Worship Service (AUD)	23 10:30 Hymn Sing 10:45 Chaplain Time 11:00 Sensory Craft 11:00 Heart Suncatchers 12:00 Name 30 types of chocolate candy/candy bars 2:30 BINGO 3:45 Mary's Call Rosary 4:00 Jazz Café & 1:1 Chats	24 10:30 Kickball Circle 11:30 Engelbert Humperdinck 11:30 Wyckoff Pizza trip 12:00 Hidden Picture Find 2:30 Worship Service (AUD) 2:45 Scrabble Club 4:00 Karaoke Sing-along 6:45 Game Night with Josh!	25 <i>10:30 Bible Study with Rev. Dawn</i> 10:45 Cranberry Scented Spa 11-12 BINGO 11:30 Johnny Cash Hits 12:00 Word Searches 2:30 Resident Council 3:30 Wyckoff Library Visit 6:45 Games & Trivia	26 10:30 Mindful Stretches 11:00 In the Bible with K&P 12:00 Word Puzzles 2:30 <i>Catholic Mass (AUD)</i> 4:00 Down Memory Lane: Fashion 6:45 Games & Trivia	27 10:30 Door Prize Bingo 10:30 Sewing & Baking Reminisce 12:00 Fun Fact Friday 2:30 Sweetheart Tea & dessert party (AUD) 4:00 Classic Chocolate Layer cake with Martha Stewart	28 10:30-10:45 Sit & Stay Fit 11:00-11:30 What Year was it? 11:30-12 Name 3 Game 2-3:45 Day Room Program 3:15 Movie Matinee: "Casablanca" (TV by day room)